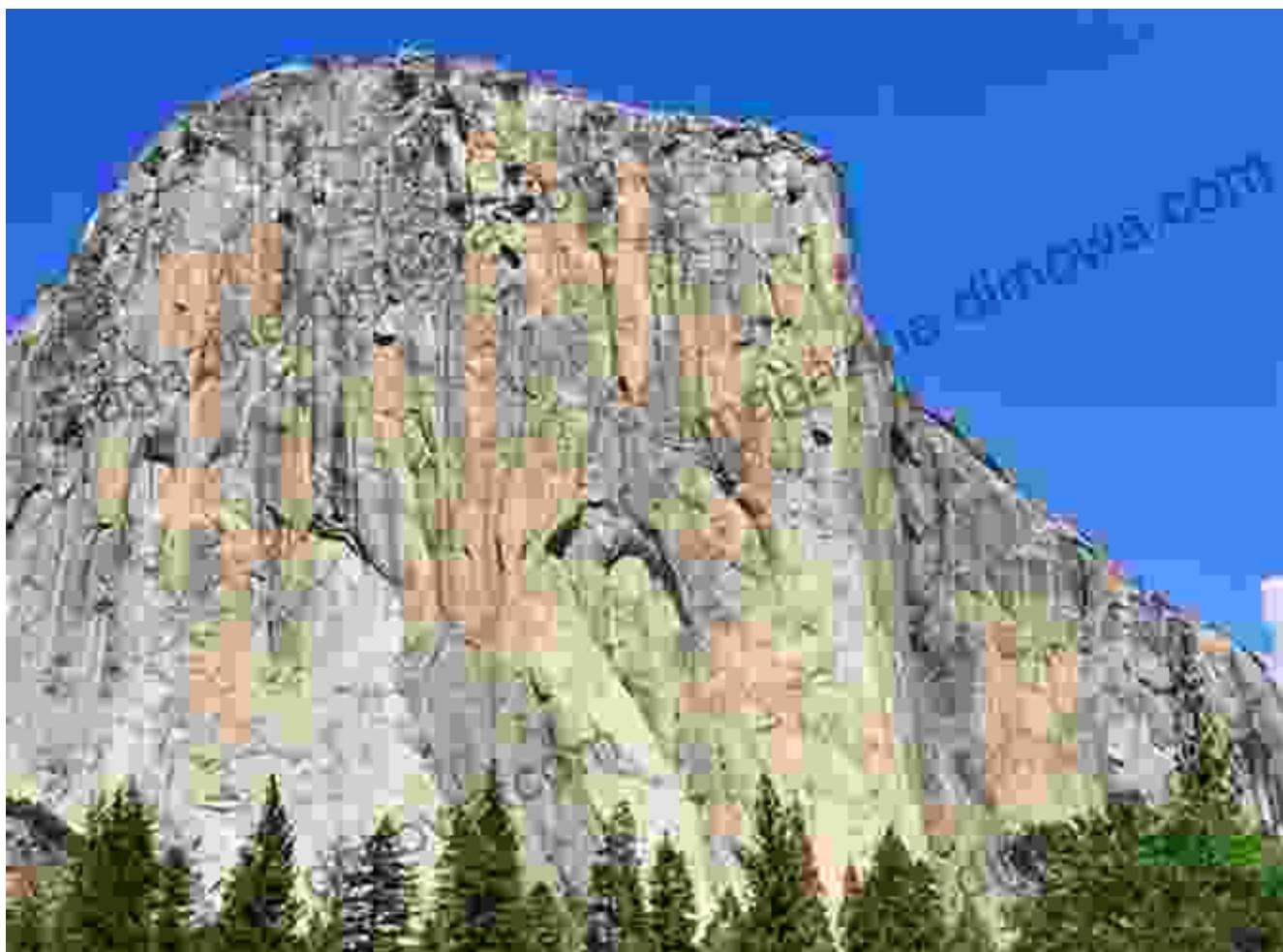


# The Redpoint Crux: An Epic Ascent to the Summit of Yosemite's El Capitan

By Morgan Shamy



## The Redpoint Crux by Morgan Shamy

★★★★☆ 4.4 out of 5

Language : English  
File size : 1366 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 334 pages



El Capitan is one of the most iconic rock formations in the world. It is a massive granite monolith that rises over 3,000 feet above the Yosemite Valley floor.

In 1999, Morgan Shamy became the first African American woman to free climb El Capitan. Free climbing is a style of rock climbing that does not use any artificial aids, such as ropes or hooks.

Shamy's ascent of El Capitan was a major accomplishment. It was a testament to her strength, determination, and skill. Her climb also helped to break down barriers and inspire others.

In her book, *The Redpoint Crux*, Shamy tells the story of her journey to become the first African American woman to free climb El Capitan. She writes about the challenges she faced, the lessons she learned, and the rewards she experienced.

*The Redpoint Crux* is a gripping account of an epic adventure. It is a story of triumph, perseverance, and the power of dreams.

## Reviews

"The Redpoint Crux is an inspiring story of a woman who dared to dream big and then went out and achieved her dreams. Morgan Shamy is a true pioneer, and her book is a must-read for anyone who loves adventure." -

**Alex Honnold, professional rock climber**

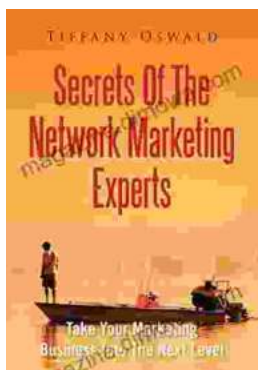
"The Redpoint Crux is a beautifully written and deeply moving account of one woman's journey to the top of El Capitan. Morgan Shamy's story is one of courage, determination, and triumph." - **Tommy Caldwell, professional rock climber**



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