Complete Denture Esthetics: A Comprehensive Literature Review

Dentures are a common treatment option for people who have lost all or most of their teeth. While dentures can restore function and improve oral health, they can also have a significant impact on a person's appearance. Complete denture esthetics is the art and science of creating dentures that look natural and beautiful.

This literature review provides a comprehensive overview of complete denture esthetics. It covers the materials, techniques, and case studies that are essential for achieving optimal results. Whether you are a dentist, a dental technician, or a patient considering dentures, this review will provide you with the information you need to make informed decisions.



Complete Denture Esthetic: A Literature Review:

Prosthodontics Dental by Michel Davier

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Language	: English
File size	: 7485 KB
Text-to-Speech	: Enabled
Enhanced typesetting : Enabled	
Word Wise	: Enabled
Print length	: 90 pages
Lending	: Enabled
Screen Reader	: Supported
X-Ray for textbooks	: Enabled
Paperback	: 400 pages
Item Weight	: 12 ounces
Dimensions	: 4.37 x 0.79 x 7.13 inches



Materials

The materials used in complete dentures have a significant impact on their esthetics. The most common materials are acrylic resin and porcelain. Acrylic resin is a relatively inexpensive material that is easy to work with. However, it can be prone to staining and chipping. Porcelain is a more expensive material that is more resistant to staining and chipping. It is also more translucent, which gives it a more natural appearance.

In addition to the base material, the teeth used in dentures can also affect their esthetics. The most common types of teeth are porcelain and plastic. Porcelain teeth are more expensive than plastic teeth, but they are more durable and have a more natural appearance.

Techniques

The techniques used to create complete dentures also have a significant impact on their esthetics. The most important factor is the impression. A good impression will capture the contours of the patient's mouth and ensure that the dentures fit properly. The dentures should also be properly aligned and balanced to avoid any unnatural movement.

The other important factor in denture esthetics is the shade and shape of the teeth. The teeth should be matched to the patient's natural teeth, or to the desired shade if the patient is having their teeth whitened. The shape of the teeth should also be natural, and should complement the patient's facial features.

Case Studies

The following case studies illustrate the principles of complete denture esthetics.

Case Study 1

A 65-year-old female patient presented with a chief complaint of dissatisfaction with her current dentures. The patient's dentures were made of acrylic resin and had been in place for 10 years. The dentures were stained and chipped, and they did not fit properly. The patient also complained that the dentures made her look older.

The patient was treated with new complete dentures made of porcelain. The dentures were custom-made to fit the patient's mouth, and the teeth were matched to the patient's natural teeth. The patient was very happy with the results. She said that the new dentures looked and felt natural, and that they made her look younger.

Case Study 2

A 45-year-old male patient presented with a chief complaint of missing teeth. The patient had lost all of his teeth in a car accident 10 years ago. The patient had been wearing a removable partial denture, but he was not happy with the fit or the appearance of the denture.

The patient was treated with complete dentures made of acrylic resin. The dentures were custom-made to fit the patient's mouth, and the teeth were matched to the patient's desired shade. The patient was very happy with the results. He said that the new dentures looked and felt great, and that they gave him back his confidence.

Complete denture esthetics is a complex and challenging field. However, by understanding the materials, techniques, and case studies involved, it is possible to achieve optimal results. This literature review has provided a comprehensive overview of complete denture esthetics. Whether you are a dentist, a dental technician, or a patient considering dentures, this review will provide you with the information you need to make informed decisions.

References

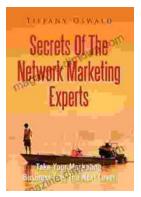
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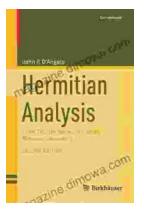
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